

PROGRAMMES
ORGANIZED BY
DEPARTMENT OF
PHYSICAL
EDUCATION
(2024 – 2025)

GOVINDAMMAL ADITANAR COLLEGE FOR WOMEN, TIRUCHENDUR

DEPARTMENT OF PHYSICAL EDUCATION

Report of the programme

Name of the programme	: Annual sports day celebration
Venue	: Govindammal Aditanar College for Women
Date	: 21.03.2025
Brief objective of the programme	: • To conduct sports activities for developing the mental and physical health of students. • To instill confidence, endeavour, discipline, team building and positive traits in the minds of young ones.
Name of the chief guest with designation	: Mr. S. Ganesh, Assistant Professor, Dr. Sivanthi Aditanar College of Physical Education, Tiruchendur.

Details of the prize winners :

Student prize winners

EVENT	Name of prize winners		
	I PLACE	II PLACE	III PLACE
CHESS	S. P. Jeya Sree III B.Com. Batch I	B. Sathana III B.A. Tamil	
TENNIKOIT	P. Baby Uma III B.Com. Batch II	P. Sivamuthu III B.A. Economics	
	S. Subavithra II B.Com. Batch II	V. Janaki II B. A. Economics	
BALL BADMINTON	A. Shunmuga Priya III B.Com. Batch I	K. Kabeera Naureen III B.B.A.	
	B. Karthiga III B.Com. Batch I	A. Ramya III B.B.A.	
	A. Aijitha III B.Com. Batch I	A. Monisha II B.B.A.	
	A. Maria Mervenisha III B.Com. Batch I	M. Roselin Vinnarasi II B.B.A.	

	A. Abirami I B.Com. Batch I	M. Kutti Aruna I B.B.A.
	J. Sterlin II B.Com. Batch I	M. Parameswari I B.B.A.
KABADDI	B. Karthiga III B.Com. Batch I	M. Priyanka III B. A. English
	A. Shunmuga Priya III B.Com. Batch I	R. Gunamuthu Selvi III B.A. English
	R. Danushya III B.Com. Batch I	M. Mahalakshmi II B.A. English
	S. Pavithra III B.Com. Batch I	V. Sri Charumathi II B.A. English
	J. Jeya Muthu Suba III B.Com. Batch I	J. Reshma Leyon II B.A. English
	S. Dharani II B.Com. Batch I	S. Lavanya II B.A. English
	J. Sterlin II B.Com. Batch I	P. Krishnaveni II B.A. English
THROWBALL	B. Karthiga III B.Com. Batch I	G. Latha III B.A. Tamil
	A. Shunmuga Priya III B.Com. Batch I	B. Sathana III B.A. Tamil
	A. Sakthi Abirami III B.Com. Batch I	M. Soundharya III B.A. Tamil
	A. Sarobiya II B.Com. Batch I	M. Ayisha Siddiga III B.A. Tamil
	K. Shalini II B.Com. Batch I	M. Bharathi Gobika III B.A. Tamil
	U. Sudha Menaka II B.Com. Batch I	K. Yoga Lakshmi II B.A. Tamil
	E. Pavitha II B.Com. Batch I	P. Jeya Sree II B.A. Tamil
	S. Pradeepa I B.Com. Batch I	B. Jeba Renissa I B.A. Tamil
	K. Harish Barathi I B.Com. Batch I	T. Gowsalya I B.A. Tamil
TABLE TENNIS	D. Chandrika III B.A. English	B. Karthiga III B.Com. Batch I
	M. Mahalakshmi II B.A. English	A. Shunmuga Priya III B.Com. Batch I

A T H L E T I C	200M Run	K. Yoga Lakshmi II B.A. Tamil	J. Jeya Muthu Suba III B.Com. Batch I	M. Anantha Sabari Manjari II B.Com. Batch II
	400M Run	K. Yoga Lakshmi II B.A. Tamil	J. Jeya Muthu Suba III B.Com. Batch I	I. Santhiya III B.A. Economics
	800M Run	I. Santhiya III B.A. Economics	A. Dharshini II B.Com. Batch I	V. Priyadharshini I B.Com. Batch II
	2.5Km Walk	G. Latha III B.A. Tamil	P. Baby Uma III B.Com. Batch II	B. Karthiga III B.Com. Batch I
	Long Jump	J. Jeya Muthu Suba III B.Com Batch I	B. Jeba Renissa I B.A. Tamil	I. Santhiya III B.A. Economics
	Shot Put	M. Mahalakshmi II B.A. English	C. Nithya Suba III B.Sc. Chemistry	G. Latha III B.A. Tamil
	Discuss Throw	V. Janaki III B.A. Economics	G. Latha III B.A. Tamil	A. Ramya III B.B.A. & B. Karthiga III B.Com. Batch I
	Javelin Throw	C. Nithya Suba III B.Sc Chemistry	S. Subavithra II B.Com. Batch II	V. Janaki III B.A. Economics
	4X100 M Relay	G. Latha III B.A. Tamil	A. Shunmuga Priya III B.Com. Batch I	P. Baby Uma III B.Com. Batch II
		K. Yoga Lakshmi II B.A. Tamil	A. Dharshini II B.Com. Batch I	S. Subavithra II B.Com. Batch II
		P. Jeya Sree II B.A. Tamil	J. Jeya Muthu Suba III B.Com. Batch I	M. Anantha Sabari Manjari II B.Com. Batch II
		B. Jeba Renissa I B.A. Tamil	E. Pavitha II B.Com. Batch I	V. Priyadharashini I B.Com. Batch II

Overall Championship- Commerce (Batch I)

Runner- B.A. Tamil

Individual Overall Championship- J. Jeyamuthu Suba, II B.Com. Batch I

Best Captain – R. Gunamuthu Selvi III B.A. English

Staff prize winners

Teaching Staff:

EVENT	Name of prize winners	
	I Place	II Place
CHESS	Mrs. K. Augusta Meriba, Comp. Sci.	Mrs. J. Indumathi, B.C.A.
CARROM	Mrs. V. Subprabha, Maths	Ms. A. J. Ark Jevion, English
TENNIKOIT	Dr. M. Jansirani, Chemistry.	Dr. C. Pappeswari, B.Com. Batch I
	Mrs. R. Maragatham, English.	Dr. S. Deepa, B.Com. Batch I
THROW BALL	Dr. R. Bhavani, B.Com. Batch I	Mrs. P. Kalaichelvi, Chemistry
	Dr. C. Pappeswari B.Com. Batch I	Dr. M. Jansirani Chemistry
	Dr. S. Deepa, B.Com. Batch I	Mrs. K. Augusta Meriba, Computer Science
	Dr. P. Iswarya, Maths	Dr. D. Prakasi Mary , Tamil
	Mrs. J. Josephin Priyanka P.D.	Mrs. M. Babila Revathy, B.C.A.
	Mrs. A. Selva Lakshmi, English	Mrs. G. Chandra, Chemistry
	Dr. A. Jasphin Sheela, Tamil	Mrs. M. Kanaga, Maths
	Mrs. J. Selva Antony, English	Dr. V. Subprabha, Maths
	Mrs. R. Maragatham, English	Dr. D. Sweetlin, Economics

Non -Teaching Staff

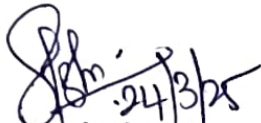
EVENT	Name of prize winners	
	I Place	II Place
CHESS	Mrs. C. Narmatha, Zoology.	Mrs. T. Esakkiammal, Zoology.
CARROM	Mrs. C. Narmatha, Zoology.	Mrs. T. Esakkiammal, Zoology.
TENNIKOIT	Mrs. C. Usha Nanthini , Office.	Mrs. S. Fathima Rani, Physics.
	Ms. M. Pavithra, Office.	Mrs. S. Muthumalai, Computer Science
THROWBALL	Mrs. I. Rathiselvi, Office.	Mrs. C. Narmatha, Zoology.
	Mrs. M. Lakshmi, Office.	Mrs. C. Anitha, Library.
	Ms. C. Bharathi, Chemistry.	Mrs. V. Esakkiammal, B.C.A.
	Mrs. T. Esakkiammal, Zoology.	Mrs. V. Muthumari, Computer Science
	Ms. T. Rakasana, B.C.A.	Mrs. C. Narmatha, Zoology.
	Ms. D. Mukiladevi, Office.	Mrs. P. Sumathi, Library.
	Mrs. S. Suganthi, Library.	Ms. A. Kavitha, Chemistry.
	Mrs. S. Fathima Rani, Physics.	Ms. S. Rajalakshmi, Physics.
	Mrs. C. Usha Nanthini ,Office.	Ms. M. Pavithra, Office .

Non-Teaching Staff (Men):

EVENT	Name of prize winners	
	I Place	II Place
TENNIKOIT	Mr. S. Uthayanagarajan	Mr. N. Esakkiappan
	Mr. N. Muthu Ganesh	Mr. P. Balasundar
THROWBALL	Mr. S. Uthayanagarajan	Mr. N. Esakkiappan
	Mr. P. Esakkimuthu	Mr. K. Prabakaran
	Mr. B. Siva Ramakrishnan	Mr. S. Kunasekaran
	Mr. S. Esakkimuthu	Mr. C. Ilangeshwaran
	Mr. K. Sivaperumal	Mr. P. Balasundar
	Mr. T. Ganasamurthi	Mr. S. Selwyn Dhanaseelan
	Mr. S. Seyed Abdul Kadhar	Mr. N. Muthu Ganesh
	Mr. K. Sadiyan	Mr. A. Vijayakumar
	Mr. S. Chidambaranathan	Mr. V. Mohan

Outcome of the programme :

- The programme started with a colorful parade and the Physical Director read the Annual Report.
- The students and the staff members participated in the events with enthusiasm.
- The chief guest encouraged the students to keep them fit and healthy by participating in sports events apart from academic schedules. He also motivated them to make use of the opportunity provided by the institution to come out with flying colours.
- He gave away prizes to the winners of various sports events conducted on this occasion. The students understood the values of sports and games.


Physical Directress


IQAC Co-ordinator


Principal













**INTERCOLLEGIATE LEVEL
AND
STATE LEVEL
PARTICIPATIONS
(2024 – 2025)**

GOVINDAMMAL ADITANAR COLLEGE FOR WOMEN,TIRUCHENDUR

DEPARTMENT OF PHYSICAL EDUCATION

Report of the programme

State Level Kabaddi

Venue : Jawaharlal Nehru Stadium, Chennai
Date : 20/7/2024

B. Karthiga III B.Com. Batch I



Venue : Nehru Stadium, Chennai.
Date : 09/10/2024 to 13/10/2024
1. B. Karthiga III B.Com.(Batch I)
2. G. Latha III B.A. Tamil

Beach Volleyball State Level

Venue : Nehru Stadium, Chennai.
Date : 13/10/2024 to 18/10/2024

- | | |
|----------------------|--------------------|
| 1. A. Shunmuga Priya | III B.Com. Batch I |
| 2. B. Karthiga | III B.Com. Batch I |

Cricket State Level

Venue : Jawaharlal Nehru Stadium, Chennai.
Date : 20/10/2024 to 24/10/2024

- | | |
|----------------|--------------------|
| 1. B. Karthiga | III B.Com. Batch I |
|----------------|--------------------|

State Level Yoga



Venue : Veerapagu Mahal, Authoor.

Date : 24/8/2024

1. P. Baby Uma III B.Com. Batch II Backward I Place

2. V. Monisha III B.Sc. Physics

Intercollegiate Chess Tournament

Venue : Nazareth Margachis College, Tirunelveli

Date : 7/10/2024 & 8/10/2024

Prize : **OVER ALL II PLACE**



Name of the participants:

1. M. Divya Sri - III B.Sc. Maths

2. S. P. Jeye Sree - III B.Com. (Batch I)

3. M. Pavanthikaa - III B.A. English

4. B. Sathana - III B.A. Tamil
5. S. P. Vijaya Sree - III B.Com. (Batch I)

Intercollegiate Weight Lifting Tournament



Venue : Tiruvalluvar College, Papanasam.

Date : 29/10/2024

Prize : **OVER ALL THIRD PLACE**

Name of the participants:

			WEIGHT	SNATCH+JERK	PLACE
1.	J. MuthuLakshmi	II B.Sc. Physics	73	30+43	II
2.	C. NithyaSuba	III B.Sc. Chemistry	85	35+50	II
3.	R. GunamuthuSelvi	III B.A. English	70	28+20	III
4.	G. Latha	III B.A. Tamil	73	33+40	III

District Level Athletic

Venue : SDAT Stadium, Thoothukudi.
Date : 31/8/2024

S. No.	Name of the student	Class	Event	Place
1.	A. Dharshini	II B.Com. Batch I	400 m	II
2.	A. Shunmuga Priya	III B.Com. Batch I	400 m	III
3.	M. Anantha Sabari Manjari	II B.Com. Batch II	1500 m	II
4.	S. Subavithra	II B.Com. Batch I	100 m Hurdles	III
5.	G. Latha	III B. A. Tamil	Shot put	II
6.	A. Ramya	III B.B.A	Shot put	III

Beach Volleyball III Place

Venue : Tharuvaikulam Beach, Tuticorin.
Date : 13/9/2024

1. B. Karthiga III B.Com. Batch I
2. A. Shunmuga Priya III B.Com. Batch I

Athletic

Venue : SDAT Stadium, Thoothukudi.
Date : 16/9/2024

			Place
1. G. Latha	III B.A. Tamil	Shot put	II
2. C. Nithya Suba	III B.Sc. Chemistry	Shot put	III
3. J. Jeyamuthu Suba	II B.Com. Batch I	400 m	III

Kabaddi III Place

Venue : SDAT Stadium, Thoothukudi.
Date : 18/9/2024 & 19/9/2024

S.No.	Name of the student	Class
1.	B. Karthiga	III B.Com. Batch I
2.	P. Baby Uma	III B.Com. Batch I
3.	I. Santhiya	III B.A. Economics
4.	V. Monisha	III B.Sc. Physics
5.	A. Ramya	III B.B.A.
6.	G. Latha	III B.A. Tamil
7.	M. Priyanka	III B.A. English
8.	M. Selva Prabha	II B.Sc. Maths
9.	J. Jeyamuthu Suba	II B.Com. Batch I
10.	B. Jeba Ranissa	I B.A. Tamil
11.	A. Shunmuga Priya	III B.Com. Batch I

Cricket III Place

Venue : VOC College, Thoothukudi.
Date : 20/9/20

S.No.	Name of the student	Class
1.	B. Karthiga	III B.Com. Batch I
2.	A. Shunmuga Priya	III B.Com. Batch I
3.	A. Ramya	III B.B.A.
4.	G. Latha	III B.A. Tamil
5.	M. Priyanka	III B.A. English
6.	C. Nithya Suba	III B.Sc. Chemistry
7.	R. Gunamuthu Selvi	III B.A. English
8.	J. Jeyamuthu Suba	II B.Com. Batch I
9.	M. Anantha Sabari Manjari	II B.Com. Batch II
10.	A. Dharshini	II B.Com. Batch I
11.	S. Subavithra	II B.Com. Batch I
12.	G. Muthu Esakki	II B.A. English
13.	B. Jeba Ranissa	I B.A. Tamil
14.	M. Selva Prabha	I B.Sc. Maths
15.	D. Aiahwarya Ratna	I B.Com. Batch II

Chess District Level

Venue : Ranji Aaron ITI, Anandapuram.
Date : 11/8/2024

1. S.P. Jeya Sree III B.Com. Batch I II Place

Chess District Level

Venue : Margoschis Hr. Sec. School, Nazareth
Date : 19/10/2024

1. S.P. Vijaya Sree II B.Com. Batch I III Place

District Power lifting Championship

Venue : Gymkhana Club Auditorium, Tuticorin.
Date : 8/12/2024

		squat	Bench press	Dead lift	Total	Place
1.	J. Muthu Lakshmi II B.Sc. Physics	42.5	30	95	167.5kg	I

University Blue (Chess)

Venue : Gandhi Institute of Technology and Management, (GITAM Deemed University) Visakhapatnam, Andra Pradesh.

Date : 5/12/2024 to 8/12/2024

S.P. Vijaya Sree II B.Com. Batch I (Participated)