

GOVINDAMMAL ADITANAR COLLEGE FOR WOMEN TIRUCHENDUR - 628 215 Anti-Drug Club & Youth Red Cross Association		
Youth Red Cross	Organize an AWARENESS PROGRA ON DRUG ADDICTIC Dr.S.Kani, MD.,DM., Senior Consultant Neurologist, Retired professor and Dean (FAC Government Medical College, Thoothukudi.	
Date:26/06/2023	Time: 11.00 AM To 12.00 PM	Venue: PG Seminar Hall
Dr.J.Ananthi Banu	All are cordially invited	
Anti-Drug Club Co-ordinator	Dr.P.Jamuna YRC Co-ordinator	Dr.P.Jeyanthi Principal

#### ANTI - DRUG CLUB AND YOUTH RED CROSS ASSOCIATION

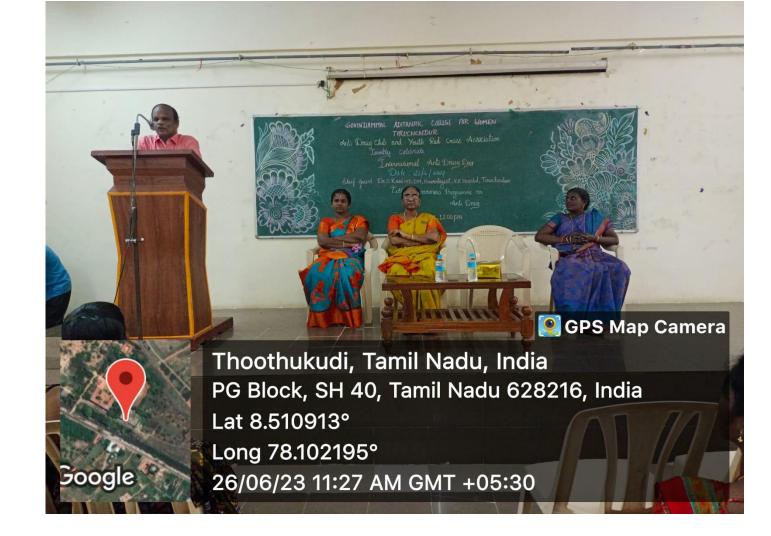
#### Report of the programme

Name of the programme	:	Guest lecture
Venue	:	PG Seminar hall
Date	:	26.06.2023
Brief objective of the programme	:	<ul> <li>To provide accurate information about different types of drugs, their effects and their legal status.</li> <li>To increase awareness among students to know about the dangers and consequences of drug abuse.</li> </ul>
Name of the chief guest with designation	:	Dr. S. Kani, Senior Consultant Neurologist, Retired Professor and Dean (FAC), Government Medical College, Thoothukudi.
Topic of the lecture	:	Drug addiction
No. of participants	:	167
Outcome of the programme	:	<ul> <li>The students came to know about the effects and consequences of drug abuse like seizures, mental confusion, brain damage, stroke, etc.</li> <li>They gained knowledge about the weakened immune system and increasing risk of illness, and infection by using drugs.</li> </ul>
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30/06/2023

Staff in charge



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Thoothukudi, Tamil Nadu, India PG Block, SH 40, Tamil Nadu 628216, India Lat 8.510921° Long 78.102186° 26/06/23 11:30 AM GMT +05:30

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#### ANTI - DRUG CLUB

## Report of the programme

Name of the programme	: Oath taking
Venue	: Open Auditorium
Date	: 11.08.2023
Brief objective of the programme	<ul> <li>To create awareness among students about the goal of a world free of drug abuse.</li> <li>To promote public awareness against the evil effects of illegal drug use.</li> </ul>
Presidentship	: Dr. P. Jeyanthi, M.Sc., M.Phil., Ph.D., PGDCA, Principal, Govindammal Aditanar College for Women, Tiruchendur.
No. of participants	: 1717
Outcome of the programme	<ul> <li>The students took pledge and gained knowledge about the steps to overcome</li> </ul>

drug abuse and addiction.They were made aware of the evil effects of drug abuse.

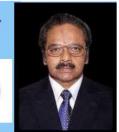
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## GOVINDAMMAL ADITANAR COLLEGE FOR WOMEN TIRUCHENDUR Youth Red Cross Association & Anti-Drug Club Organize an



## PHARMACOVIGILANCE AWARENESS PROGRAMME

## Chief Guest : Dr.Brinthuja G.Dharan, M.D(S).,

Junior Research Fellow, Pheripheral Pharmacovigilance Centre, Kayamozhi.



# Chief Guest : Dr.D.N.Reuben Kingseeli,M.D(S).,

Assistant Medical Officer, Government Primary Health Centre, Kayamozhi.

## TOPIC: SIDDHA PHARMACOVIGILANCE-WHAT SHOULD WE DO?

Date:28/08/2023

Dr.P.Jamuna YRC Co-ordinator Time: 3.30 PM *All are cordially invited Dr.J.Ananthi Banu* Anti-Drug Club Co-ordinator Venue: PG Seminar Hall

Dr.P.Jeyanthi Principal

## YOUTH RED CROSS AND ANTI – DRUG CLUB

## **Report of the Programme**

Name of the programme	:	Pharamacovigilance Awareness Programme
Venue	:	PG Seminar hall
Date	:	28.08.2023
Brief objective of the programme	:	<ul> <li>To gain knowledge about the basic health issues faced by the students.</li> <li>To understand the side effects of siddha medicine, how to identify and recover from them.</li> </ul>
Name of the chiefguest with designation	:	<ol> <li>Dr. Brinthuja G. Dharan, M.D.(S), Junior Research Fellow, Pheripheral Pharmacovigilance Centre, Kayamozhi.</li> </ol>
		<ol> <li>Dr. D. N. Reuben Kingseeli, M.D.(S), Assistant Medical Officer, Government Primary Health Centre, Kayamozhi.</li> </ol>
Topic of the lecture	:	Siddha Pharmacovigilance – What should we do?
No. of participants	:	167

Outcome of the programme

- The students enabled to identify the potential hazards and unfavourable side effects of siddha medicine.
  - They also acquired knowledge about the benefits of ayurvedic medicines.

(Anti – Drug club)



Staff in charge

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**GOVINDAMMAL ADITANAR COLLEGE FOR** WOMEN

TIRUCHENDUR - 628 215

# Anti-Drug Club & Youth Red **Cross Association**

Organize an

Awareness Program on The Incredible Benefits Of Yoga For Addiction Recovery

**Chief Guest:** Mr. T. Baskara Raj, Manager (Rtd), Canara Bank, Tirunelveli.



Date : 04.03.2024

Time : 3.30 P.M

Venue : PG Seminar Hall

Dr. J. Ananthi Banu Dr. P. Jamuna Dr. P. Jeyanthi Anti-Drug Club **YRC Co-ordinator** Co-ordinator

**Principal** 

All are cordially invited

#### **ANTI - DRUG CLUB AND YOUTH RED CROSS ASSOCIATION**

## **Report of the Programme**

Name of the programme	: Guest lecture
Venue	: PG Seminar hall
Date	: 04.03.2024
Brief objective of the programme	<ul> <li>To promote awareness among students about better balance, sleeping quality and concentration.</li> <li>To gain knowledge about stabilized mental and emotional health.</li> </ul>
Name of the chief guest with designation	: Mr. T. Baskara Raj, Manager (Rtd), Canara Bank, Tirunelveli.
Topic of the lecture	: The incredible benefits of Yoga for addiction recovery
No. of students participated	: 110
Outcome of the programme	<ul> <li>The students gained knowledge about reducing the stress levels and anxiety symptoms by doing Yoga.</li> </ul>

• They also understood well the benefits of Yoga for drug addiction recovery.

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(YRC) 07/03/2024

Staff in charge





# GOVINDAMMAL ADITANAR COLLEGE FOR WOMEN, TIRUCHENDUR ANTI - DRUG CLUB AND YOUTH RED CROSS ASSOCIATION

## **Report of the Programme**

Name of the programme	: Verse writing
Venue	: Room No: 15D
Date	: 11.03.2024
Brief objective of the programme	<ul> <li>To create awareness among students about the goal of a world free of drug abuse.</li> <li>To promote public awareness against the evil effects of illegal drug use.</li> </ul>
Торіс	: World without drugs.
No. of participants	: 30
Details of prize winners	: I Place – P. Dhanalakshmi, I B.Sc. Zoology II Place – S. Kombatchi, I B.Com. (Batch II)
Outcome of the programme	<ul> <li>The students gained knowledge about the steps to overcome drug abuse and addiction.</li> </ul>

• They also understood their role in the eradication of drugs.

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Principal





# GOVINDAMMAL ADITANAR COLLEGE FOR WOMEN, TIRUCHENDUR ANTI - DRUG CLUB AND YOUTH RED CROSS ASSOCIATION

## **Report of the Programme**

Name of the programme	: Drawing competition
Venue	: Room No: 15D
Date	: 05.04.2024
Brief objective of the programme	<ul> <li>To create awareness among students about the goal of a world free of drug abuse.</li> <li>To develop their artistic skills, express their creativity and gain valuable experience and recognition.</li> </ul>
Торіс	: Drug addiction is the path of destruction
No. of participants	: 30
Details of prize winners	: I Place - J. Vijayeswari, I B.C.A. II Place - I. Bharathi Lakshmi, II B.A. Economics
Outcome of the programme	<ul> <li>The students gained knowledge about the ill effects of drug addiction.</li> <li>They also understood their role in the eradication</li> </ul>

of drugs.

J. Ananteing (YRC) J. Ananteing (ADC) Staff in charge

