

GOVINDAMMAL ADITANAR COLLEGE FOR WOMEN TIRUCHENDUR - 628 215 Anti-Drug Club & Youth Red Cross Association		
Youth Red Cross	Organize an AWARENESS PROGRA ON DRUG ADDICTIC Dr.S.Kani, MD.,DM., Senior Consultant Neurologist, Retired professor and Dean (FAC Government Medical College, Thoothukudi.	
Date:26/06/2023	Time: 11.00 AM To 12.00 PM	Venue: PG Seminar Hall
Dr.J.Ananthi Banu	All are cordially invited	
Anti-Drug Club Co-ordinator	Dr.P.Jamuna YRC Co-ordinator	Dr.P.Jeyanthi Principal

ANTI - DRUG CLUB AND YOUTH RED CROSS ASSOCIATION

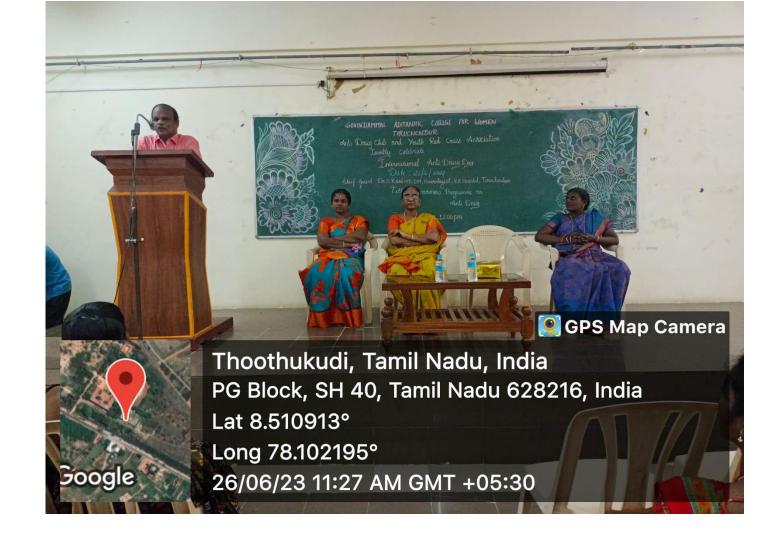
Report of the programme

Name of the programme	:	Guest lecture
Venue	:	PG Seminar hall
Date	:	26.06.2023
Brief objective of the programme	:	 To provide accurate information about different types of drugs, their effects and their legal status. To increase awareness among students to know about the dangers and consequences of drug abuse.
Name of the chief guest with designation	:	Dr. S. Kani, Senior Consultant Neurologist, Retired Professor and Dean (FAC), Government Medical College, Thoothukudi.
Topic of the lecture	:	Drug addiction
No. of participants	:	167
Outcome of the programme	:	 The students came to know about the effects and consequences of drug abuse like seizures, mental confusion, brain damage, stroke, etc. They gained knowledge about the weakened immune system and increasing risk of illness, and infection by using drugs.
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30/06/2023

Staff in charge



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Thoothukudi, Tamil Nadu, India PG Block, SH 40, Tamil Nadu 628216, India Lat 8.510921° Long 78.102186° 26/06/23 11:30 AM GMT +05:30

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ANTI - DRUG CLUB

Report of the programme

Name of the programme	: Oath taking
Venue	: Open Auditorium
Date	: 11.08.2023
Brief objective of the programme	 To create awareness among students about the goal of a world free of drug abuse. To promote public awareness against the evil effects of illegal drug use.
Presidentship	: Dr. P. Jeyanthi, M.Sc., M.Phil., Ph.D., PGDCA, Principal, Govindammal Aditanar College for Women, Tiruchendur.
No. of participants	: 1717
Outcome of the programme	 The students took pledge and gained knowledge about the steps to overcome

drug abuse and addiction.They were made aware of the evil effects of drug abuse.

J. Arantle Dave Staff in charge 1418/23







GOVINDAMMAL ADITANAR COLLEGE FOR WOMEN TIRUCHENDUR Youth Red Cross Association & Anti-Drug Club Organize an



PHARMACOVIGILANCE AWARENESS PROGRAMME

Chief Guest : Dr.Brinthuja G.Dharan, M.D(S).,

Junior Research Fellow, Pheripheral Pharmacovigilance Centre, Kayamozhi.



Chief Guest : Dr.D.N.Reuben Kingseeli,M.D(S).,

Assistant Medical Officer, Government Primary Health Centre, Kayamozhi.

TOPIC: SIDDHA PHARMACOVIGILANCE-WHAT SHOULD WE DO?

Date:28/08/2023

Dr.P.Jamuna YRC Co-ordinator Time: 3.30 PM *All are cordially invited Dr.J.Ananthi Banu* Anti-Drug Club Co-ordinator Venue: PG Seminar Hall

Dr.P.Jeyanthi Principal

YOUTH RED CROSS AND ANTI – DRUG CLUB

Report of the Programme

Name of the programme	:	Pharamacovigilance Awareness Programme
Venue	:	PG Seminar hall
Date	:	28.08.2023
Brief objective of the programme	:	 To gain knowledge about the basic health issues faced by the students. To understand the side effects of siddha medicine, how to identify and recover from them.
Name of the chiefguest with designation	:	 Dr. Brinthuja G. Dharan, M.D.(S), Junior Research Fellow, Pheripheral Pharmacovigilance Centre, Kayamozhi.
		 Dr. D. N. Reuben Kingseeli, M.D.(S), Assistant Medical Officer, Government Primary Health Centre, Kayamozhi.
Topic of the lecture	:	Siddha Pharmacovigilance – What should we do?
No. of participants	:	167

Outcome of the programme

- The students enabled to identify the potential hazards and unfavourable side effects of siddha medicine.
 - They also acquired knowledge about the benefits of ayurvedic medicines.

(Anti – Drug club)



Staff in charge

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GOVINDAMMAL ADITANAR COLLEGE FOR WOMEN

TIRUCHENDUR - 628 215

Anti-Drug Club & Youth Red **Cross Association**

Organize an

Awareness Program on The Incredible Benefits Of Yoga For Addiction Recovery

Chief Guest: Mr. T. Baskara Raj, Manager (Rtd), Canara Bank, Tirunelveli.



Date : 04.03.2024

Time : 3.30 P.M

Venue : PG Seminar Hall

Dr. J. Ananthi Banu Dr. P. Jamuna Dr. P. Jeyanthi Anti-Drug Club **YRC Co-ordinator** Co-ordinator

Principal

All are cordially invited

ANTI - DRUG CLUB AND YOUTH RED CROSS ASSOCIATION

Report of the Programme

Name of the programme	: Guest lecture
Venue	: PG Seminar hall
Date	: 04.03.2024
Brief objective of the programme	 To promote awareness among students about better balance, sleeping quality and concentration. To gain knowledge about stabilized mental and emotional health.
Name of the chief guest with designation	: Mr. T. Baskara Raj, Manager (Rtd), Canara Bank, Tirunelveli.
Topic of the lecture	: The incredible benefits of Yoga for addiction recovery
No. of students participated	: 110
Outcome of the programme	 The students gained knowledge about reducing the stress levels and anxiety symptoms by doing Yoga.

• They also understood well the benefits of Yoga for drug addiction recovery.

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(YRC) 07/03/2024

Staff in charge





GOVINDAMMAL ADITANAR COLLEGE FOR WOMEN, TIRUCHENDUR ANTI - DRUG CLUB AND YOUTH RED CROSS ASSOCIATION

Report of the Programme

Name of the programme	: Verse writing
Venue	: Room No: 15D
Date	: 11.03.2024
Brief objective of the programme	 To create awareness among students about the goal of a world free of drug abuse. To promote public awareness against the evil effects of illegal drug use.
Торіс	: World without drugs.
No. of participants	: 30
Details of prize winners	: I Place – P. Dhanalakshmi, I B.Sc. Zoology II Place – S. Kombatchi, I B.Com. (Batch II)
Outcome of the programme	 The students gained knowledge about the steps to overcome drug abuse and addiction.

• They also understood their role in the eradication of drugs.

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Principal





GOVINDAMMAL ADITANAR COLLEGE FOR WOMEN, TIRUCHENDUR ANTI - DRUG CLUB AND YOUTH RED CROSS ASSOCIATION

Report of the Programme

Name of the programme	: Drawing competition
Venue	: Room No: 15D
Date	: 05.04.2024
Brief objective of the programme	 To create awareness among students about the goal of a world free of drug abuse. To develop their artistic skills, express their creativity and gain valuable experience and recognition.
Торіс	: Drug addiction is the path of destruction
No. of participants	: 30
Details of prize winners	: I Place - J. Vijayeswari, I B.C.A. II Place - I. Bharathi Lakshmi, II B.A. Economics
Outcome of the programme	 The students gained knowledge about the ill effects of drug addiction. They also understood their role in the eradication

of drugs.

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