

**PROGRAMMES
ORGANIZED BY
DEPARTMENT OF
PHYSICAL EDUCATION
(2023 – 2024)**

GOVINDAMMAL ADITANAR COLLEGE FOR WOMEN, TIRUCHENDUR

DEPARTMENT OF PHYSICAL EDUCATION

Report of the programme

- Name of the programme** : Annual sports day celebration
- Venue** : Govindammal Aditanar College for Women
- Date** : 25.03.2024
- Brief objective of the programme** :
 - To conduct sports activities for developing the mental and physical health of students.
 - To instil confidence, endeavour, discipline, team building and positive traits in the minds of young ones.
- Name of the chief guest with designation** : Dr. M. Uma Kamalavathi,
Assistant Professor,
Sri Sarada College of Physical Education for Women,
Salem.

Details of the prize winners :

Student prize winners

EVENT	NAME OF THE PRIZE WINNERS		
	I PLACE	II PLACE	III PLACE
CHESS	B. Sathana, II B.A. Tamil	S.P. Jeya Shree, II B.Com. Batch I	
TENNISOIT	A. Lavanya, I B.A. English	D. Jeniba Silva, III B.Com. Batch I	
	D. Chandrika, II B.A. English	B. Karthiga II B.Com. Batch I	
BALL BADMINTON	D. Jeniba Silva, III B.Com. Batch I	J. Selvam , III B.A. Economics	
	B. Karthiga, II B.Com. Batch I	M. Suvitha, III B.A. Economics	
	A. Shunmuga Priya, I B.Com. Batch I	G. Mari Selvi, III B.A. Economics	

	A. Ajitha, II B.Com. Batch I	I. Santhiya, II B.A. Economics
	A. Maria Mervenisha II B.Com. Batch I	S. Incilata, I B.A. Economics
KABADDI	I. Santhiya, I B.A. Economics	
	M. Suganthi, I B.A. Economics	G. Priya, III B.A. English
	S. Mari Selvi, II B.A. Economics	M. Priyanka, II B.A. English
	S. Krishnaveni, I B.A. Economics	S. Hepziba, II B.A. English
	T. Esakki Ramya, II B.A. Economics	M. Santhiya, II B.A. English
	A. Priyadharshini , I B.A. Economics	M. Mahalakshmi , I B.A. English
	S. Incilata, I B.A. Economics	H. Muthu Indhurani, I B.A. English
THROW BALL	V. Vanaparvathi III B.Com. Batch I	R. Nelshi, III B.Com. Batch II
	L. Elsi, III B.Com. Batch I	P. Baby Uma, II B.Com. Batch II
	D. Jeniba Silva, III B.Com. Batch I	S. Munishwari,, II B.Com. Batch II
	A. Madhusri, III B.Com. Batch I	M. Anantha Sabari Manjari, I B.Com. Batch II
	B. Karthiga, II B.Com. Batch I	P. Asin, I B.Com. Batch II
	A. Shaumuga Priya, II B.Com. Batch I	P. Muthu Rathinam, I B.Com. Batch II
	U. Sudha Menaka, I B.Com. Batch I	S. Subavithra, I B.Com. Batch II
	J. Jeya Muthu Suba, I B.Com. Batch I	T. Priyadharshini, I B.Com. Batch II
	K. Shalini, I B.Com. Batch I	
TABLE TENNIS	K. Kabeera Naureen, II B.B.A.	S. Mari Selvi, III B.A. Economics
	R. Thanga Lakshmi, III B.B.A.	M. Suvitha, III B.A. Economics

A T H L E T I C	200 M Run	J. Jeya Muthu Subha, I B.Com. Batch I	K. Yoga lakshmi, I B.A. Tamil	M. Anantha Sabari Manjari, I B.Com. Batch II
	400 M Run	K. Yoga lakshmi, I B.A. Tamil	I. Santhiya, II B.A. Economics	M. Anantha Sabari Manjari , I B.Com. Batch II
	800 M Run	M. Priyanka, II B.A. English	D. Jeniba Silva, III B.Com. Batch I	J. Jeya Muthu Subha, I B.Com. Batch I
	2.5 Km Walk	B. Karthiga, II B.Com. Batch I	A. Dharshini, I B.Com. Batch I	G. Latha, II B.A. Tamil
	Long Jump	V. Vanaparvathy, III B.Com. Batch I	J. Jeya Muthu Suba, I B.Com. Batch I	I. Santhiya, II B.A. Economics
	Shot Put	M. Mahalakshmi, I B.A. English	C. Nithya Suba, II B.Sc. Chemistry	J. Selvam, III B.A. Economics
	Discuss Throw	R. Jegatheeswari, III B.Sc. Physics	G. Mariselvi, III B.A. Economics	V. Shri Charumathi, II B.A. English
	Javelin Throw	C. Nithya Suba, II B.Sc. Chemistry	V. Janaki, II B.A. Economics	G. Priyadharshini, III B.A. English
	4X100 M Relay	V. Vanaparvathy, III B.Com. Batch I	J. Selvam, III B.A. Economics	M. Priyanka, II B.A. English
		D. Jeniba Silva, III B.Com. Batch I	M. Suvitha, III B.A. Economics	D. Chandrika, II B.A. English
		A. Dharshini, I B.Com. Batch I	I. Santhiya, II B.A. Economics	G. Muthu Esakki, I B.A. English
		J. Jeya Muthu Suba, I B.Com. Batch I	S. Incilata, I B.A. Economics	M. Mahalakshmi , I B.A. English

Overall Championship - Commerce (Batch I)

Runner - B.A. Economics

Individual Overall Championship - J. Jeyamuthu Suba, I B.Com. Batch I

Best Captain – D. Jenifa Silva, III B.Com. Batch I

Staff prize winners

Teaching Staff:

Event	Name of prize winners	
	I Place	II Place
CHESS	Mrs. K. Augusta Meriba, Comp. Sci.	Mrs. R. Sivagami, Comp. Sci.
CARROM	Mrs. V. Subprabha, Maths	Mrs. J. Indumathi , B.C.A.
TENNIKOIT	Mrs. K. Augusta Meriba, Comp. Sci.	Dr. M. Jansirani, Chemistry
	Mrs. J. Indumathi, B.C.A.	Dr. G. Petchiammal, Zoology

THROW BALL	Dr. R. Tamilselvi, Com. Batch II	Mrs. P. Kalaichelvi, Chemistry
	Dr. M. Jansirani, Chemistry	Dr. R. Bhavani, Com. Batch I
	Mrs. K. Augusta Meriba, Comp. Sci.	Dr. C. Pappeswari, Com. Batch I
	Dr. A. Suganthi, Physics	Mrs. D. Prakasi Mary, Tamil
	Mrs. M. Babila Revathy, B.C.A.	Ms. M. Kanaga , Maths
	Mrs. S. Deepa, Com. Batch I	Mrs. J. Josephin Priyanka, PD
	Dr. R. Sujatha, Zoology	Dr. S. Ambikavathy, Chemistry
	Ms. J. Selva Antony, English	Dr .S. Vasumathi, Physics
	Dr. P. Paulthangam, Economics	Dr. S. Aslin, Physics

Non - Teaching Staff (Women) :

Event	Name of prize winners	
	I Place	II Place
CHESS	Mrs. C. Narmatha, Zoology	Mrs. V. Esakkiammal, B.C.A.
CARROM	Mrs. N. Santhanalakshmi, Office	Mrs. C. Narmatha, Zoology
TENNIKOIT	Mrs. C. Usha Nanthini, Office	Mrs. V. Muthumari, Comp. Sci.
	Mrs. S. Muthumalai, Comp. Sci.	Mrs. A. Sangeetha, Office
THROW BALL	Mrs. I. Rathi Selvi, Office	Mrs. T. Lakshmi, Office
	Mrs. C. Anithadevi, Library	Mrs. N. Santhanalakshmi, Office
	Mrs. T. Esakkiammal, Zoology	Mrs. C. Usha Nanthini, Office
	Mrs. V. Muthumari, Comp. Sci.	Mrs. S. Muthumalai, Comp. Sci.
	Mrs. C. Narmatha, Zoology	Mrs. V. Esakkiammal, B.C.A.
	Ms. A. Kavitha, Chemistry	Mrs. P. Sumathi , Library
	Ms. C. Bharathi, Chemistry	Mrs. S. Suganthi, Library
	Ms. M. Pavithra, Office	Ms. T. Rakasana, B.C.A.
	Ms. A. Shamitha Sarah, Comp. Sci.	Mrs. V. Thanalakshmi, Office

Non - Teaching staff (Men) :

Event	Name of prize winners	
	I Place	II Place
TENNIKOIT	Mr. N. Esakkiappan	Mr. S. Uthayanagarajan
	Mr. K. Prabakaran	Mr. B. Siva Ramakrishnan
THROW BALL	Mr. K. Prabakaran	Mr. S. Lakshmanaperumal
	Mr. S. Uthayanagarajan	Mr. S. Selwyn Dhanaseelan
	Mr. N. Esakkiappan	Mr. S. Esakkimuthu
	Mr. P. Esakkimuthu	Mr. R. Sundramahalingam
	Mr. B. Siva Ramakrishnan	Mr. N. Koilraj
	Mr. V. Kirubaharan	Mr. V. Mohan
	Mr. P. Bala Sundar	Mr. K. Sadaiyan
	Mr. S. Gunasekaran	Mr. K. Sivaperumal
	Mr. S. Chidambaranathan	Mr. M. Chidambaram

Outcome of the programme

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- The programme started with a colourful parade and the physical director read the Annual Report.
- The students and staff members participated in the events with enthusiasm.
- The chief guest, who is the alumna of our college, encouraged the students to keep them fit and healthy by participating in sports events apart from academic schedules. She also motivated them to make use of the opportunity provided by the institution to come out with flying colours.
- She gave prizes to the winners of various sports events conducted on this occasion. The students understood the values of sports and games.


Physical Directress 28/3/24


IQAC Co-ordinator 28/03/24


Principal 28/3/2024













**INTERCOLLEGIATE
LEVEL
AND
STATE LEVEL
PARTICIPATIONS
(2023 – 2024)**

GOVINDAMMAL ADITANAR COLLEGE FOR WOMEN, TIRUCHENDUR

DEPARTMENT OF PHYSICAL EDUCATION

Report of the programme

State Level Kabaddi



Venue : Esha Center, Coimbatore.

Date : 21/9/2023 to 23/9/2023

Prize : **III Place** - B. Karthiga - II B.Com. (Batch I)

State Level Ball Badminton

Venue : Namakal

Date : 4/11/2023 & 5/11/2023

Name of the participants : 1. G. Mari Selvi - III B.A. Economics
2. B. Karthiga - II B.Com. (Batch I)



Intercollegiate Chess Tournament

Venue : Sadakathullah Appa College, Tirunelveli

Date : 27/9/2023 to 29/9/2023

Prize : **OVERALL CHAMPION**

Name of the participants :

1. S. Kanna - I M. Com.
2. S.P. Jeye Sree - II B.Com. (Batch I)
3. M. Divya Sri - II B.Sc. Maths
4. M. Santhiya - II B.A. English
5. B. Sathana - II B.A. Tamil
6. S.P. Vijaya Sree - I B.Com. (Batch I)

Intercollegiate Weight Lifting Tournament



Venue : M.S. University, Tirunelveli

Date : 10/11/2023

Prize : **OVERALL CHAMPION**

Name of the participants:

		WEIGHT	SNATCH+JERK	PLACE
1. G. Mari Selvi	III B.A. Economics	71	33+42	I
2. C. Nithya Suba	II B.Sc. Chemistry	87	35+48	II
3. A.R. Harini	II B.B.A.	81	32+35	II
4. R. Hema Devi	III B.C.A.	87 & above	26+36	III
5. R. Gunamuthu Selvi	II B.A. English	87	30+40	III
6. G. Latha	II B.A. Tamil	59	30+39	III
7. J. Muthu Lakshmi	II B.Sc. Physics	76	28+38	III