

**PROGRAMMES**  
**ORGANIZED BY**  
**DEPARTMENT OF**  
**PHYSICAL**  
**EDUCATION**  
**(2022 - 2023)**

**GOVINDAMMAL ADITANAR COLLEGE FOR WOMEN, TIRUCHENDUR**

**DEPARTMENT OF PHYSICAL EDUCATION**

**Report of the programme**

- Name of the programme** : Annual sports day celebration
- Venue** : Govindammal Aditanar College for women
- Date** : 25.03.2023
- Brief objective of the programme** :
  - To conduct sports activities for developing the mental and physical health of students.
  - To instill confidence, endeavour, discipline, team building and positive traits in the minds of young ones.
- Name of the chief guest with designation** : Mrs. A. Kalpana, M.Com.,  
Sub Inspector of Police,  
Tiruchendur.

**Details of the prize winners** :

**Student prize winners**

EVENT	NAME OF THE PRIZE WINNERS		
	I PLACE	II PLACE	III PLACE
<b>CHESS</b>	S.P. Jeya Sri, I B.Com.- I	M. Divya, I B.Sc. Maths	S. Kanna, III B.Com.- II
<b>TENNIKOIT</b>	D. Jenifa Silva, II B.Com.- I	D. Chandrika, I B.A. Eng	C. Rahini, III B.Com.- II
	B. Karthiga, I B.Com.- I	A. Ancy Rani, II B.A. Eng	S. Sarmitha Mano, III B.Com.- II
<b>BALL BADMINTON</b>	J. Inba Subashi, I B.B.A.	M. Seethalakshmi, I B.A. Tamil	T. Rohini, I B.Com.- I
	K. Kabeera Naureen, I B.B.A.	S. Tamil Selvi, II B.A. Tamil	B. Karthiga, I B.Com.- I
	A. Ramya, I B.B.A.	G. Malathi, II B.A. Tamil	A. Maria Morve Nisha, I B.Com - I
	P. Vinnarasi, I B.B.A.	I. Jebas Christena, II B.A. Tamil	A. Ajitha, I B.Com.- I
	R. Thanga Lakshmi, II B.B.A.	D. Pavithra, II M.A. Tamil	D. Jenifa Silva, II B.Com.- I

<b>KABADDI</b>	I. Santhiya, I B.A. Eco	B. Karthiga, I B.Com.-I	V. Monisha, I B.Sc. Phy	
	M. Monisha, II B.A. Eco	S. Nithya, II B.Com.- I	B. Esha Arasi, I B.Sc. Phy	
	S. Mari Selvi, II B.A. Eco	P. Latha Arulmathi, III B.Com.- I	P. Jeya Subasree, II B.Sc. Phy	
	S. Thowlath Ibrahima, II B.A. Eco	S. Bala Shanthy, III B.Com.- I	J.V. Malkija, III B.Sc. Phy	
	T. Esakki Ramya, II B.A. Eco	C. Sugumari, III B.Com.- I	S. Thulasimani, III B.Sc. Phy	
	V. Vanasathya, II B.A. Eco	S. Christina Mary, III B.Com.- I	T. Priya, III B.Sc. Phy	
	V. Mathumitha, II B.A. Eco	G. Anto Liby, I M.Com.	S. Saranya, I M.Sc. Phy	
<b>KHO - KHO</b>	B. Karthiga, I B.Com.- I	P. Baby Uma, I B.Com.- II	C. Nithiya Amutha, I B.Sc. Che	V. Monisha, I B.Sc. Phy
	S. Pavithra, I B.Com.- I	K. Veera Kalaiarasi, I B.Com.- II	S. Vimela, II B.Sc. Che	B. Esha Arasi, I B.Sc. Phy
	G. Deepa Arthi, I B.Com.- I	L. Saniya, I B.Com.- II	S. Sudha, II B.Sc. Che	R. Jegathessvari, I B.Sc. Phy
	P. Vinola, I B.Com.- I	J. Nivetha, I B.Com.-II	A. Elamathi, II B.Sc. Che	P. Jeya Subasree, II B.Sc. Phy
	M. Afreen, I B.Com.- I	Iruthaya Sterlin, I B.Com.- II	S. Muthu Raitha, II B.Sc. Che	V. Brindha, II B.Sc. Phy
	V. Vanaparvathi, II B.Com.-I	R. Perciyal, III B.Com.- II	J. Jeya Kaviyaa, III B.Sc. Che	B. Pathirakali, II B.Sc. Phy
	P. Vijayalaxsni, II B.Com.- I	C. Rahini, III B.Com.- II	A. Tharani, III B.Sc. Che	J.V. Malkija, III B.Sc. Phy
	P. Latha Arulmathi, III B.Com.- I	R. Sangeetha, III B.Com.- II	V. Manju, III B.Sc. Che	S. Thulasimani, III B.Sc. Phy
	M. Initha, III B.Com.- I	V. Anitha, III B.Com.- II	A. Sangeetha, III B.Sc. Che	S. Saranya, I M.Sc. Phy
<b>THROW BALL</b>	R. Arthi, I B.Sc. Maths	B. Karthiga, I B.Com.-I	C. Nithiya Amutha, I B.Sc. Che	
	N. Loga Anushiya, II B.Sc. Maths	P. Latha Arulmathi, III B.Com.- I	R. Nithiya Suba, I B.Sc. Che	
	T. Amala Rithisha, II B.Sc. Maths	L. Ruba Sri, III B.Com.- I	M. Jeya Lakshmi, II B.Sc. Che	
	M. Sheeba Shiny, II B.Sc. Maths	C. Sugumari, III B.Com.- I	S. Sudha, II B.Sc. Che	
	N. Bala Akshaya, II B.Sc. Maths	P.J. Sneha Priya, III B.Com.- I	K.R. Rabia Minha, II B.Sc. Che	
	P. Theres Annammal, II B.Sc. Maths	J. Jency, III B.Com.- I	S. Indira, II B.Sc. Che	
	G. Pushparani, III B.Sc. Maths	R. Sathiya, III B.Com.- I	S. Vimala, II B.Sc. Che	
	T. Abirami, III B.Sc. Maths	N. Ponarasi, II B.Com.- I	J. Jeya Kaviyaa, III B.Sc. Che	
	J. Anushiya, III B.Sc. Maths	S. Saraswathi Devi, II M.Com.	P. Dinola, III B.Sc. Che	

<b>TABLE TENNIS</b>		K. Kabeera Naureen, I B.B.A.	D. Chandrika, I B.A. Eng	B. Karthiga, I B.Com.- I	
		R. Thanga Lakshmi, I B.B.A.	J. Shiny Melfer, III B.A. Eng	P. Latha Arulmathi, III B.Com.- I	
<b>A T H L E T I C</b>	<b>100 Mts Run</b>	P. Latha Arulmathi, III B.Com.- I	C. Rahini, III B.Com.- II	K. Jenisha Kiruba, III B.Sc. Phy	
	<b>200 Mts Run</b>	J.V. Malkija, III B.Sc. Phy	P. Latha Arulmathi, III B.Com.- I	M. Jincy Mol, III B.A. Eco	
	<b>400 Mts Run</b>	M. Jincy Mol, III B.A. Eco	M. Initha, III B.Com.- I	D. Jenifa Silva, II B.Com.- I	
	<b>800 Mts Run</b>	J.V. Malkija, III B.Sc. Phy	M. Initha, III B.Com.- I	D. Jenifa Silva, II B.Com.- I	
	<b>2.5K.M Walk</b>	R. Perciyal, III B.Com.- II	M. Suvitha, II B.A. Eco	T. Priya, III B.Sc. Phy	
	<b>Long Jump</b>	M. Seethalakshmi, I B.A. Tamil	P. Latha Arulmathi, III B.Com.- I	J.V. Malkija, III B.Sc. Phy	
	<b>Triple Jump</b>	C. Rahini, III B.Com.- II	M. Jincy Mol, III B.A. Eco	M. Seethalakshmi, I B.A. Tamil	
	<b>Shot Put</b>	C. Nithya Suba, I B.Sc. Phy	S. Tamil Selvi, II B.A. Tamil	D. Chandrika, I B.A. Eng	J. Selvam, II B.A. Eco
	<b>Discuss Throw</b>	G. Mariselvi, II B.A.Eco	V. Janaki, I B.A. Eco	R. Jegathessvari, II B.Sc. Phy	
	<b>Javelin Throw</b>	V. Janaki, I B.A. Eco	G. Priyadharshini, II B.A. Eng	I. Vinisha, III B.Sc. C.S.	
	<b>4X100 Mts Relay</b>	R. Perciyal, III B.Com.- II	J.V. Malkija, III B.Sc. Phy	P. Latha Arulmathi, III B.Com.- I	
		C. Rahini, III B.Com.- II	S. Thulasimani, III B.Sc. Phy	M. Initha, III B.Com.- I	
		K. VeeraKalaiarasi, I B.Com.- II	P. JeyaSubsree, II B.Sc. Phy	D. Jenifa Silva, II B.Com.- I	
		R. Sangeetha, III B.Com.- II	K. Jenisha Kiruba, III B.Sc. Phy	V. Vanaparvathi, II B.Com.- I	

**Overall championship - Commerce (Batch I)**

**Runner - B.A. Economics**

**Individual overall Championship - J.V. Malkija, III B.Sc. Physics**

**Best Captain - G. Pushpa Rani, III B.Sc. Maths**

**Staff prize winners**

**Teaching staff:**

Event	Name of prize winners	
	I Place	II Place
<b>CHESS</b>	Mrs. K. Augusta Meriba, C.S.	Mrs. G. Chandra, Che
<b>CARROM</b>	Dr. R. Bhavani, Com. Batch I	Ms. J. Selva Antony, Eng
<b>TENNIKOIT</b>	Dr. R. Tamilselvi, Com. Batch II	Dr. R. Bhavani, Com. Batch I
	Mrs. K. Augusta Meriba, C.S.	Mrs. M. Babila Revathi, B.C.A.
<b>BADMINTON</b>	Dr. R. Tamilselvi, Com. Batch II	Dr. R. Bhavani, Com. Batch I
	Ms. J. Selva Antony, Eng	Dr. M. Jansirani, Che



<b>THROW BALL</b>	Dr. R. Tamilselvi, Com. Batch II	Dr. M. Jansirani, Che
	Dr. R. Bhavani, Com. Batch I	Dr. C. Pappeswari, Com. Batch I
	Mrs. K. Augusta Meriba, C.S.	Dr. V. Lakshmi Narayani Tamil
	Dr. A. Suganthi, Phy	Mrs. D. Prakasi Mary, Tamil
	Dr. R. Mangaleswari, Tamil	Mrs. P. Iswarya, Maths
	Mrs. P. Chandra, Com. Batch II	Mrs. G. Chandra, Che
	Ms. J. Venkateswari, Maths	Mrs. B. Kavitha, Eco
	Ms. M. Kanga, Maths	Dr. G. Petchiammal, Zoo
	Ms. A. Malathi, Maths	---

**MINOR GAME :** Dr. C. Pappeswari, Com. Batch I – I, Mrs. S. Deepa, Com. Batch I – II,  
Dr. R. Prabhamanieswari, C.S. - III

**Non - Teaching staff (Women) :**

<b>Event</b>	<b>Name of prize winners</b>	
	<b>I Place</b>	<b>II Place</b>
<b>CHESS</b>	Mrs. T. Essakkiammal, Zoo	Ms. T. Rakasana B.C.A
<b>CARROM</b>	Mrs. G. Padma, Office	Mrs. M. Esakkiammal, Office
<b>TENNIKOIT</b>	Mrs. Fathimarani, Phy	Mrs. C. Usha Nanthini, Office
	Ms. D. Mukiladevi, Office	Ms. D. Muthu Sudha, Hostel
<b>BADMINTON</b>	Mrs. V. Muthumari, C.S	Mrs. S. Muthumalai, C.S
	Mrs. A. Sangeetha, Office	Ms. D. Muthu Sudha, Hostel
<b>THROW BALL</b>	Mrs. K. Rajeswari, Phy	Mrs. I. Rathi Selvi, Office
	Mrs. Fathimarani, Phy	Mrs. T. Lakshmi, Office
	Mrs. C. Usha Nanthini, Office	Mrs. C. Anithadevi, Lib
	Mrs. S. Muthumalai, C.S	Mrs. A. Punitha, Phy.Edn.
	Mrs. V. Muthumari, C.S	Mrs. V. Thanalakshmi, Office
	Mrs. C. Narmatha, Zoo	Mrs. G. Padma, Office
	Ms. D. Mukiladevi, Office	Mrs. V. Esakkiammal, B.C.A.
	Ms. A. Kavitha, Che	Mrs. S. Suganthi, Lib
Ms. D. Muthu Sudha, Hostel	Mrs. M. Esakkiammal, Office	

**MINOR GAME :** Ms. D. Mukiladevi, Office – I, Mrs. C. Narmatha, Zoo – II,  
Mrs. V. Muthumari, C.S. - III

**Non - Teaching staff (Men) :**

<b>Event</b>	<b>Name of prize winners</b>	
	<b>I Place</b>	<b>II Place</b>
<b>TENNIKOIT</b>	Mr. N. Esakkiappan	Mr. S. Uthayanagarajan
	Mr. B. Siva Ramakrishnan	Mr. S. Esakkithurai

<b>THROW BALL</b>	Mr. K. Prabakaran	Mr. N. Esakkiappan
	Mr. P. Manikandan	Mr. S. Uthayanagarajan
	Mr. S. Chidambaram	Mr. V. Kirubaharan
	Mr. S. Esakkimuthu	Mr. S. Lakshmanaperumal
	Mr. B. Siva Ramakrishnan	Mr. P. Esakkimuthu
	Mr. V. Mohan	Mr. N. Koilraj
	Mr. P. Bala Sundar	Mr. S. Rajakani
	Mr. S. Kunasekaran	Mr. K. Sadaiyan
	Mr. S. Esakkithurai	Mr. J. William Joseph

**Outcome of the programme**

- :
- The programme started with a colourful parade and the physical director read the Annual Report.
  - The students and staff members participated in the events with enthusiasm.
  - The chief guest, who is the alumna of our college, encouraged the students to keep them fit and healthy by participating in sports events apart from academic schedules. She also motivated them to make use of the opportunity provided by the institution to come out with flying colours.
  - She gave prizes to the winners of various sports events conducted on this occasion. The students understood the values of sports and games.

  
Physical Directress 27/3/23

  
IQAC co-ordinator 27/03/23

  
Principal 27/3/2023.







































**INTERCOLLEGIATE  
LEVEL  
AND  
STATE LEVEL  
PARTICIPATIONS  
(2022 – 2023)**

**GOVINDAMMAL ADITANAR COLLEGE FOR WOMEN, TIRUCHENDUR**

**DEPARTMENT OF PHYSICAL EDUCATION**

**Report of the programme**

**STATE LEVEL REPRESENTATION**

**Kho – Kho:**



**Venue** : Sri Rosy Vidyaalaya and The Theni District Kho - Kho Association,  
Periyakulam.

**Date** : 09.09.2022 to 11.09.2022

**Name of the student** : J.V. Malkija, III B.Sc. Physics

**Ball Badminton:**

**Venue** : V.H.N.S.N College (A), Virudhunagar.

**Date** : 07.01.2023 & 08.01.2023

**Name of the student** : R. Thangalakshmi, II B.B.A.

**Ball Badminton:**

**Venue** : Muslim Hr. Sec. School, Melapalayam, Tirunelveli.

**Date** : 10.12.2022 & 11.12.2022

**Name of the student** :

1. D. Pavithra, II M.A. Tamil
2. J.V. Malkija, III B.Sc. Phy
3. R. Perciyal, III B.Com - B
4. B. Karthiga, I B.Com - A



## **INTER COLLEGIATE TOURNAMENT**

### **Chess:**

**Venue** : Sree Ayyappa College for Women, Chunkankadai, Nagercoil.

**Date** : 21.11.2022 & 22.11.2022

**Prize** : Overall champion

### **Name of the student :**

1. S. Kanna, III B.Com - B
2. M. Snegadharshini, III B.Sc. Phy
3. S.P. Jeya Sree, I B.Com - A
4. M. Divya Sri, I B.Sc. Maths
5. M. Pavinthia, I B.B.A.
6. B. Sathana, I B.A. Tamil

### **Weight Lifting:**

**Venue** : TDMNS College, Kallikulam.

**Date** : 29.11.2022

**Prize** : Overall III Place

### **Name of the student :**

1. G. Mari Selvi – II B.A. Eco – I Place
2. C. Nithya Suba – I B.Sc. Che – II Place
3. R. Selva Chandra – III B.A. Eng – III Place
4. D. Chandrika – I B.A. Eng – III Place
5. R. Gunamuthu Selvi – I B.A. Eng – III Place
6. A.R. Harini – I B.B.A. – III Place
7. M. Jincymol – III B.A. Eco – IV Place
8. M. Nandhini – III B.A. Tamil – IV Place



**MUTA INTER COLLEGIATE KABADDI TOURNAMENT:**

**Venue** : Nasamony Memorial Christian College, Marthandam.

**Date** : 01.10.2022

**Prize** : III Place

**Name of the student :**

1. M. Mohana Sathya - III B.A. Tamil
2. S. Bala Shanthi - III B.Com - A
3. R. Sangeetha - III B.Com - B
4. D. Pavithra - II M.A, Tamil
5. L. Elsi - I B.Com - A
6. G. Latha - I B.A. Tamil
7. I. Santhiya - I B.A. Eco
8. B. Karthiga - I B.Com - A
9. V. Monisha - I B.Sc. Phy
10. P. Baby Uma - I B.Com - B



**MUTA INTER COLLEGIATE ATHLETIC MEET:**

**Venue** : Anna Stadium, Palayamkottai.

**Date** : 14.10.2022 & 15.10.2022

**Event** : Triple jump

**Prize** : III Place

**Name of the student** : M. Jincymol, III B.A. Eco.

## UNIVERSITY BLUE

### Football:

**Venue** : Annamalai University, Chidambaram.

**Date** : 16.12.2022 to 19.12.2022

**Name of the student** : J.V. Malkija, III B.Sc. Phy.





## DISTRICT LEVEL TOURNAMENT

### Ball Badminton:

**Venue** : Thoothukudi Ball Badminton Association and Royal Sports club,  
Thoothukudi.

**Date** : 21.08.2022

**Prize** : II Place

**Name of the student :**

1. D. Pavithra - II M.A. Tamil
2. J.V. Malkija - III B.Sc. Phy
3. R. Perciyal - III B.Com - B
4. R. Thangalakshmi - II B.B.A.
5. K. Kabeera Naureen - I B.B.A.



### **Chess Tournament:**

**Venue** : Margoschis Hr. Sec. School, Nazareth.

**Date** : 15.10.2022

**Name of the student** : M. Santhiya, I B.A. Eng.

### **Athletic Meet:**

**Venue** : SDAT District, Tharuvai stadium, Thoothukudi.

**Date** : 10.09.2022 & 11.09.2022

**Name of the student** :

- |                    |                |                     |             |
|--------------------|----------------|---------------------|-------------|
| 1. M. Jincymol     | - III B.A. Eco | - 100 M Hurdles     | - II Place  |
| 2. M. Jincymol     | - III B.A. Eco | - 800 M Run         | - II Place  |
| 3. R. Nelsi        | - II B.Com B   | - 800 M Run         | - III Place |
| 4. M. Initha       | - III B.Com A  | } - 4X100 Mts Relay | - III Place |
| 5. M. Jincymol     | - III B.A. Eco |                     |             |
| 6. L. Elsi         | - II B.Com A   |                     |             |
| 7. D. Jeniba Silva | - II B.Com A   |                     |             |

### **Thoothukudi District Power Lifting Association, Thoothukudi**

**Venue** : Karapettai Nadar Hr. Sec. School, Thoothukudi.

**Date** : 11.12.2022

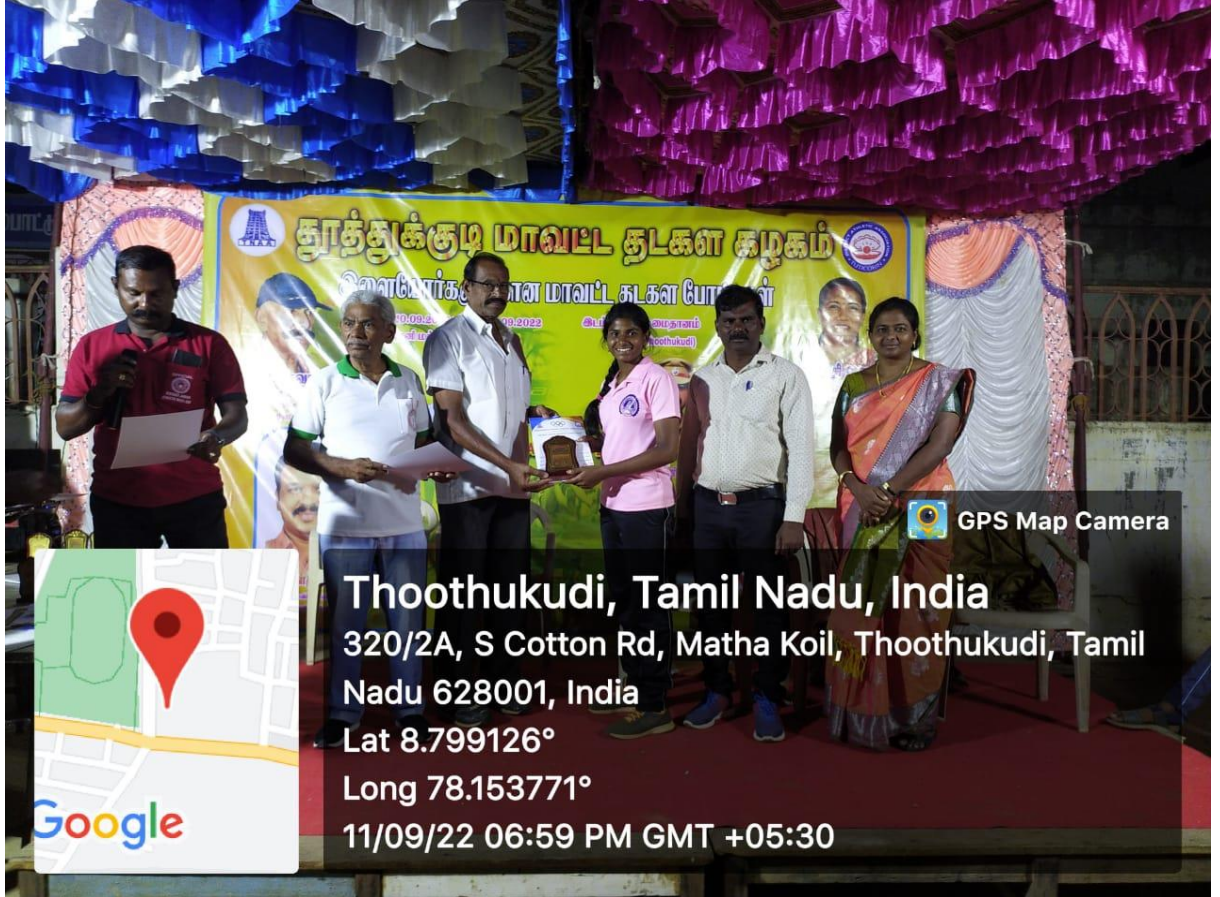
**Name of the student** :

- |   |                |            |
|---|----------------|------------|
| 1. M. Jincymol                                | - III B.A. Eco | - I Place  |
| 2. G.Mari Selvi                               | - II B.A. Eco  | - I Place  |
| 3. C. Nithya Suba                             | - I B.Sc. Che  | - I Place  |
| <b>(Strong women in Thoothukudi district)</b> |                |            |
| 4. R. Gunamuthu Selvi                         | - I B.A. Eng   | - I Place  |
| 5. P. Baby Uma                                | - I B.Com B    | - I Place  |
| 6. I. Santhiya                                | - I B.A. Eco   | - II Place |
| 7. A. Ramya                                   | - I B.Com B    | - II Place |
| 8. R. Selva Chandra                           | - III B.A. Eng | - II Place |

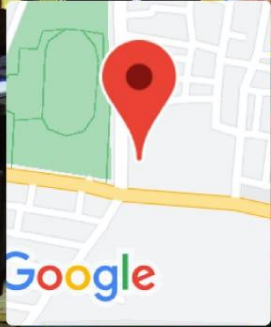
9. A.R. Harini - I B.B.A. - II Place  
10. K. Kabeera Naureen - I B.B.A. - III Place







GPS Map Camera



**Thoothukudi, Tamil Nadu, India**

320/2A, S Cotton Rd, Matha Koil, Thoothukudi, Tamil Nadu 628001, India

Lat 8.799126°

Long 78.153771°

11/09/22 06:59 PM GMT +05:30