

GOVINDAMMAL ADITANAR COLLEGE FOR WOMEN TIRUCHENDUR- 628 215

The IQAC organizes

Orientation Programme for freshers

HEARTY WELCOME TO BLOOMING BUDS

The Management, Secretary, Principal, Staff and Senior students cordially invite the freshers of 2022

Date: 25.07.2022

Dr. M. A. Suganthi Convener Dr. S. Muthulakshmi IQAC Co-ordinator Dr. P. Jeyanthi Principal

Time 9.45 A.M.

GOVINDAMMAL ADITANAR COLLEGE FOR WOMEN, TIRUCHENDUR

Internal Quality Assurance Cell

Report of the programme

Name of the programme	: Orientation programme for freshers
Venue	: PG Seminar hall
Date	: 25.07.2022
Brief objective of the programme	:
	 To create freshers' familiarity with the institution's regulations and academic standards To facilitate them a smooth transition to the new programme. To acquaint the newcomers with their classmates and help them to accustom to the campus through many activities. To make aware of the college website and ERP, the management information system.
Presidential address	: Dr. P. Jeyanthi, Principal of the college
Topic of the address	: About the college
No. of participants	: 510
Outcome of the programme	1.
8	 The freshers understand the rules and regulations of the college. They know the infrastructure facilities and learning resources available within the institution. They can view the college website and acquire the knowledge of using ERP software. They are well accustomed with the department, staff, students and the campus.

M.A. Sy 25/7/22 Staff in charge

IQAC Coordinator

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GOVINDAMMAL ADITANAR COLLEGE FOR WOMEN, TIRUCHENDUR Internal Quality Assurance Cell Report of the programme

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Name of the programme	: Bridge course for freshers
Venue	: UG I year classrooms
Date	: 26.07.2022 - 28.07.2022
Objective of the programme	 To get rid of the fear and frustration of the freshers coming from different backgrounds about the under graduate programme. To enable them to develop mutual acquaintance and hold a rapport with the staff members. To educate them on their behavioural aspects within the campus and the classroom. To impart the basic knowledge regarding their degree programme and explain the scope of the study. To enable the freshers to draw an initial goal.
Topics discussed by the staff	: Basic concepts of their respective under graduate programmes, career opppotunities and basic academic skills needed in the programme.
No. of students benefited	: 510
Outcome of the programme	:
	 Collected feedback from the freshers and good response was received. The bridge course was so inspirational for the students to face the new under graduate programme with confidence. It developed the attitudinal behavior of students to share the knowledge mutually. The freshers also acquired basic academic skills needed for the programme. The new comers were accommodated to be firm with the course of study.
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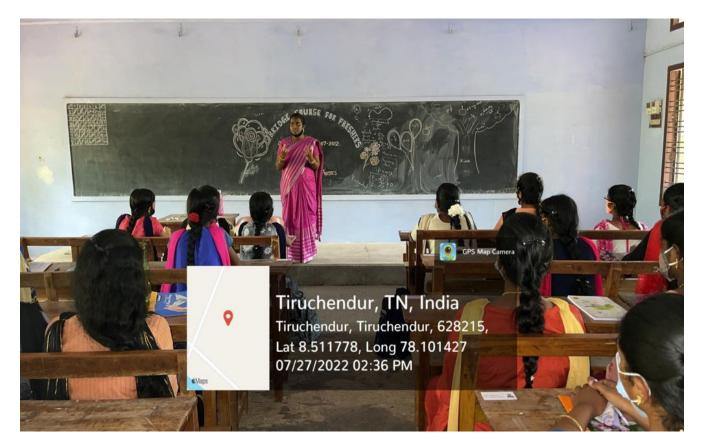
(Dr. S. Muthulakshmi) IQAC Coordinator

(Dr. T. Renuha)

Staff in charge

(Dr. P. Jeyanthi) Principal







GOVINDAMMAL ADITANAR COLLEGE FOR WOMEN, TIRUCHENDUR

YOUTH RED CROSS

Report of the programme

Name of the programme	: Meditation
Venue	: PG Seminar hall
Time and duration	: 3.30 – 4.30 p.m. for three days in a year.
Brief objective of the programme	 To inculcate positive spirit and attitude in the mind of students. To increase their self-awareness and get them relieved from stress. To keep their mind and body calm and healthy.
Name of the trainer with designation	: Mr. K. Ramdoss, Trainer, Heartfulness Institute, Sri Ram Chandra Mission, Kumarapuram, Tiruchendur.
No. of participants	: 600
Outcome of the programme	 The students are trained in mind relaxation, mind cleaning and meditation prayer. Both the theoretical and practical classes are conducted for them. They are benefited with reduced anxiety, improved self-control and better self-care. This would be very helpful for the students to lead a healthy life in all aspects of their future life. They are given a certificate of merit at the end of the programme.



IQAC Coordinator / 04/23

Pri cipal



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